



JUNIOR/SENIOR TACKLE RULES 2012

All UIL rules and regulations will be followed except for the following:

1. The maximum team roster size allowed will be 30 players per team.
2. The game playing field must be at least an 80x40 yard field. It shall be mandatory that all STJFL game fields have an erected boundary with the intent of preventing fans and bystanders from accessing the playing field.
3. The game ball for the junior tackle division will be the Wilson K2 or its equivalent.
4. The game ball for the senior tackle division will be the Wilson TDJ or its equivalent.
5. The game shall consist of four 10-minute quarters with a 15-minute half time.
6. A 25 sec play clock will be enforced according to UIL rules
7. Tie games will be decided by the STJFL rules for ties.
8. UIL has a "Safety Rule"; this rule is a judgment call when player has a legal but unnecessary block behind the play. If there is a "safety rule" violation, the referee will allow the score and the team will be penalized 15 yards either on the extra point try or kick off.
9. Scoring values will be as follows:
 - a. Field Goal – 3 points
 - b. Touchdown – 6 points
 - c. Safety – 2 points
 - d. Extra Points Junior Tackle Division:
 - Passing – 2 points
 - Running – 1 point
 - Kicking – 2 points
 - e. Extra points for Senior Tackle Division:
 - Passing – 1 point
 - Running – 1 point
 - Kicking – 2 points



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10. The referee will give a sideline warning to the head coach if anyone on the sideline does not have a volunteer badge. The head coach is responsible, 2nd sideline violation will result in a 15 yard penalty.
11. The STJFL board will determine any discipline actions taken toward an ejected player or coach.
12. If the nose tackle lines up directly head up with the center, they must be one yard off of the football.
13. All participants must play at least a minimum of 10 plays in each game. All plays during the game shall count towards the 10-play minimum. (i.e. kicks, returns, extra points, regulation plays and penalties unless it is a dead ball foul). Failure to adhere to this rule will result in a forfeiture of the contest by a score of 1 – 0. At the end of the 3rd quarter or the start of the 4th quarter the MPR monitors will meet to discuss any needs. Any participant that has not met their MPR requirements will need to be monitored to make sure that they meet the requirement by the end of the fourth quarter. If there is a discrepancy between coaches the game will be finished under protest if the accusing coach wishes. It will then be the responsibility of the accusing coach to provide evidence to an investigation as to support their allegations. The STJFL board will then will make a determination based on the evidence provided.

(Note: Coaches Option: Each team is required to monitor their own MPR's, but also has the option to send a monitor to the opposing team's sidelines to monitor their MPR's as well. The monitor from the opposing team must remain outside of the 30 yard line. If the coach of the team chooses not to exercise their option, they must sign below PRIOR to the beginning of the game and they give up their right to protest the game based on the MPR requirement.)



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14. Before each game the coaches must present each player's certification card prior to each game to the opposing coach. If a child has no card, he will not be allowed to participate in that game. This card check should be done 15-20 minutes prior to kick off time. Any player late for check in time must wait until after half time for their card to be checked and cannot participate until the card has been checked. The coach may elect to take a time out to have the late players' card checked and enter him into the game. A late player entered into the game before half time is still required to meet their minimum play requirements by the end of the game. A late player entered after half time will only have to meet half of the MPR requirements. Any player standing on the sidelines for being late, injury or illness must not have on shoulder pads or helmet until they have been entered into the game.
15. If the score reaches a point difference of 28 points the team in the lead must remove the entire starting backfield (quarterback, and all starting running backs) until the margin becomes less than 28 points. Also, when the score is 28 or more, the team that is behind has an option to receive a kickoff or forego the kick and take the ball on their own 40 yard line. The STJFL board shall review a coach failing to adhere to this policy within (6) calendar days of the incident. If a coach is found in violation of the above rule, they will be subject to disciplinary action determined by the STJFL board up to and including suspension, forfeiture or both.
16. You may not begin practice prior to Monday the week of August 1st of the football season. Every participant must complete 8 hours of conditioning practice with no contact between players until the 8 hours has been met. The first 8 hours will consist of 4 2 hour days. There shall be no more than 10 hours of practice per week prior to the first game of the season. The first game of the season will be played on the first Saturday after 28 days of practice. After the first game a team will only be allowed to practice 6 hours or less per week.
17. The "LO" rule is actually a by-law that cannot be revised unless the by-law is revised. This by-law will be part of the rules followed by all STJFL teams.



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Junior Division

Line Only "LO" - If a player exceeds 110 lbs they will be considered a Line Only "LO" player and be restricted to a down lineman position tackle to tackle on offense, between the tackles on defense, and line of scrimmage kick off receive only. The player can not cover or play head up on the center one yard off of the ball but must play in either gap. The player may pull as a lead blocking lineman as long as they started on the line of scrimmage. The player may not advance the ball under any circumstances and the ball will be blown dead at the point of possession. The player's helmet and certification card must be marked accordingly.

Offense Line "OL" - If a player exceeds 135 lbs they will be considered a Offense Line Only "OL" player and be restricted to a down lineman position tackle to tackle on offense only. The player may NOT play on defense or special teams and may NOT pull as a lead blocking lineman. The player may not advance the ball under any circumstances and the ball will be blown dead at the point of possession. The player's helmet and certification card must be marked accordingly.

Senior Division

Line Only "LO" - If a player exceeds 140 lbs they will be considered a Line Only "LO" player and be restricted to a down lineman position tackle to tackle on offense, between the tackles on defense, and line of scrimmage kick off receive only. The player can not cover or play head up on the center one yard off of the ball but must play in either gap. The player may pull as a lead blocking lineman as long as they started on the line of scrimmage. The player may not advance the ball under any circumstances and the ball will be blown dead at the point of possession. The player's helmet and certification card must be marked accordingly.

Offense Line "OL" - If a player exceeds 160 lbs they will be considered a Offense Line Only "OL" player and be restricted to a down lineman position tackle to tackle on offense only. The player may NOT play on defense or special teams and may NOT pull as a lead blocking lineman. The player may not advance the ball under any circumstances and the ball will be blown dead at the point of possession. The player's helmet and certification card must be marked accordingly.